






Solving Problems

If you see the letter “E” followed by a number, or if your Meter beeps twice, an error has occurred. The following chart gives you a list of a few possible errors and describes what they mean.

What You See	What it Means	What You Should Do
	Low battery	Replace the batteries as soon as possible. Bayer HealthCare offers free replacement batteries for Ascensia customers. Call Customer Service at 1-800-348-8100 (24 hours a day).
E 1 	Temperature out of range	Test only when the meter temperature is between 50°F and 104°F (10°C and 40°C).
E 2 	Test Strip underfill	Remove the Test Strip and repeat the test with a new Test Strip.
E 3 	Used Test Strip	Replace Test Strip with a new, unused Test Strip. Wait until you see the flashing blood drop before you add blood sample.
E 4 	Test Strip not inserted correctly	Remove the Test Strip and insert it properly.
E 5 and above	All other errors	When you see the letter E followed by a number that is not listed here, remove Test Strip and retest with a new Test Strip. If you continue to experience difficulty, call Customer Service for assistance.
LO	Test result is below 10 mg/dL (0.6 mmol/L)	Repeat test. If LO appears again, contact your Physician or Healthcare Professional immediately. CAUTION: Glucose levels below 50 mg/dL (2.8 mmol/L) may indicate a potentially serious medical condition.
HI	Test result is above 600 mg/dL (33.3 mmol/L)	Wash your hands and test site. Repeat the test. If the test result is still “HI,” contact your Physician or Healthcare Professional immediately. CAUTION: Glucose levels above 250 mg/dL (13.9 mmol/L) may indicate a potentially serious medical condition.

Note: See “Solving Problems” section of your Ascensia® CONTOUR™ User Guide for further information and a complete list of errors.

Distributed by:



Bayer HealthCare LLC
Mishawaka, IN 46544 USA

© 2003 Bayer HealthCare LLC
Made and Printed in U.S.A.
50184256 Rev. 9/03


Ascensia CONTOUR™

Blood Glucose Monitoring System

QUICK REFERENCE GUIDE



For Use With
Ascensia® CONTOUR™
Blood Glucose Meter
and Ascensia®
MICROFILL™ Test Strips

 Bayer HealthCare

Your Ascensia® CONTOUR™ Meter



Screen: This is where your blood glucose result will display.

Memory (M) Button: Use to view results stored in the memory, your 14-day average and change Set-up features.

Scroll (▼) Button: Use to scroll through your blood glucose results in the memory and change Set-up features.

Data Port: Allows Meter to communicate with a personal computer via a cable.

Test Strip Slot: This is where you insert the Test Strip.



Gray Electrode End: Insert this end of Test Strip into Meter.

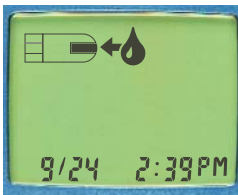
Ascensia® MICROFILL™ Test Strips: Use for blood glucose or control solution testing. Supplied in a handy bottle with an easy-to-open flip-top lid. No coding is required.

Sample End or Tip of Test Strip: Lightly touch this end of Test Strip to blood drop.

1. Insert Test Strip



Hold the round end of the Test Strip with the gray electrode side up, and insert the Test Strip into the Meter until it stops.



The Meter will run a quick self-test and then prompt you to apply blood by showing you a picture of a blood drop being "sipped" into the Test Strip.

2. Obtain Blood Drop



Press Ascensia™ MICROLET® Device firmly against puncture site and press button to release. Form a *small* drop of blood.

3. Test Blood Glucose



Bring **tip** of the Test Strip to lightly touch the drop of blood. Hold until the Meter beeps. The test result will be displayed after a 15 second countdown.

4. Turn Meter Off



To turn your Meter off, simply remove the used Test Strip. Your test result will automatically be stored in memory. Dispose of the used Test Strip and lancet properly.