Positioning the Transfer Belt

Position the transfer belt low on the individual waist. Tighten the belt by pulling on the two end pieces (fig. 1). Keep in mind that a person's girth is greater when sitting. It is important that the transfer belt be comfortable but tight. To remove the transfer belt, release clips on both sides of buckle.

Use of Transfer Belt to Help A Patient Sit or Stand

There are many ways to use the transfer belt to help a patient sit or stand. Think of the direction of the transfer and follow the body's natural pattern of movement (fig. 2 - 6). The patient, the caregiver, or both can wear a transfer belt.
Helping A Patient Up from the Floor with A Transfer Belt

The Transfer Belt is extremely useful in helping someone up from the floor. Remember, do not lift straight upward, but follow natural motion. The patient can gain more support by leaning against a bed or holding onto a chair (fig. 7).
Transfer Between Bed and Wheelchair with a Transfer Belt

A transfer belt is a big help in patient transfers from bed to wheelchair. The patient can be either standing or sitting (fig. 8).

Transfer Between a Wheelchair and a Car with a Transfer Belt

For patient transfers into a car, SafetySure™ Transfer Board can be used in combination with a transfer board (fig. 9). Take care so the patient doesn’t wind up sitting between the wheelchair and seat of the car. With a passive patient, SafetySure™ Transfer Sling (Item 3011) may also be used. Place it underneath the buttock area of the patient. Using this technique makes the transfer easier for both patient and the caregiver.

Using a Transfer Belt for Aid During Toileting
For toileting, it is important to plan ahead and keep the safety of both the patient and caregiver in mind (fig. 10). If there is not enough space in the bathroom, it is best to use a commode somewhere outside the bathroom. If the patient is heavy, two assistants may be necessary (fig. 11).

![Image of a sitting patient with a SST Board](10. A sitting patient with a SST Board)

![Image of a heavy and partly active patient](11. A heavy and partly active patient)

**Transfer Belt Usage for Support When Walking**

When supporting someone who is ambulatory, it is important to keep on arm around the patient for protection (fig. 12). Always hold the individual close to you. This enables the caregiver to react more quickly if the individual needs help and reduces the amount of strain on the caregiver. The Transfer Belt, with its multiple handles, provides good grips and a comfortable way of supporting the individual.

![Image of an active patient requiring support](12. An active patient requiring support)

![Image of a large, heavy patient collapsing](13. A large, heavy patient collapsing)

**Protecting an Ambulatory Patient with Balance Problems**

When there is a risk that an individual could fall while walking, it is important to hold the individual close to the caregiver in order to prevent the patient from slipping down. If this does occur, let the individual slide down along the outside of the caregiver's leg (fig. 13).