

# Instant Hot Packs

Cardinal Health™ Instant Hot Packs help provide consistent heat therapy<sup>2</sup> for convenient and effective pain relief. Our comprehensive portfolio includes a variety of different options and sizes, including standard and insulated products. They are made of non-toxic materials that do not contain DEHP.

#1  
Instant  
Hot Pack  
in hospitals<sup>1</sup>

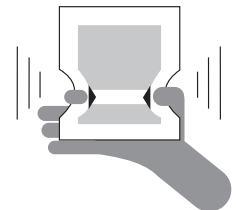


## Features and benefits:

- Consistent and effective heat therapy<sup>2</sup>
- Unique sodium thiosulfate heat technology
- Easy to activate — just squeeze and knead
- Can be applied directly to skin — no additional cover needed

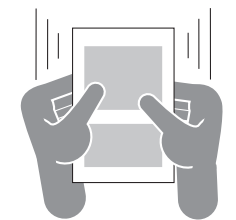
Activation  
is as easy as 1, 2, 3

1



Squeeze sides firmly where  
indicated to activate

2



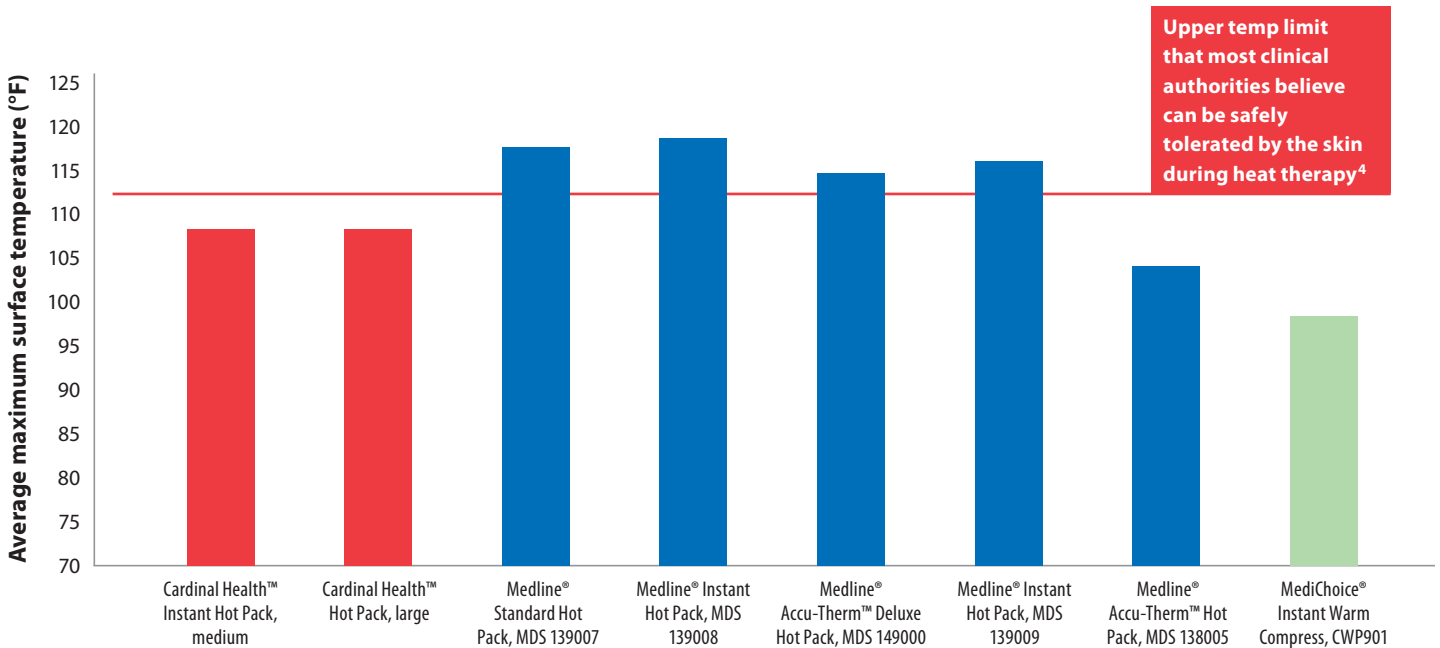
Knead pack well  
to mix contents

3



Apply to desired area  
for 30 minutes

Unlike similar products tested, Cardinal Health™ Instant Hot Packs stayed within the upper temperature limit that can be safely tolerated by the skin during application of heat therapy.<sup>3,4</sup> To be both safe and effective, heat therapy should consistently deliver the highest safe temperature possible without exceeding the tolerance level of the patient’s skin.



**Ordering information**

Cat. No.	Description	Size	Packaging
11443-512B	Instant Hot Pack, Small	4½ x 9 in.	24 ea/cs
11450-040B	Instant Hot Pack, Medium	6 x 6½ in.	40 ea/cs
11443-012B	Instant Hot Pack, Large	6 x 9 in.	16 ea/cs
30104	Instant Hot Pack, Insulated, Large	6 x 9 in.	24 ea/cs

**Did you know?**

Hospital acquired burns are considered a “Never” event. In October 2008, the Centers for Medicare & Medicaid Services (CMS) classified a burn acquired within a facility as a non-reimbursable secondary diagnosis.<sup>5</sup>