



EpiTrain®

Active support for pain relief and stabilization of the elbow.

Indications

- Epicondylitis (medial or lateral) – tennis and golfers elbow
- Osteoarthritis
- Pain and swelling
- Post-traumatic injury

Pain Relief

- **Medical-grade compression** – utilizes graduated medical compression to reduce edema, accelerate pain reduction and enhance mobility.
- **Enhanced proprioception** – EpiTrain stimulates proprioception, providing improved muscle and joint control.
- **Intermittent massage** – Anatomically designed viscoelastic inserts massage the soft tissue during movement, adding to the pain relieving effect and promoting faster rehabilitation.

Wearing Comfort

Anatomically contoured highly textured knit, ensures optimal support and stability across the elbow joint.

Patient Compliance

EpiTrain drives patient compliance through excellent wearing comfort and effective therapeutic effect. Bauerfeind uses high-tech breathable, stretchable and moisture-dissipating textiles. Latex-free.



LIGHTER
TRAIN KNIT



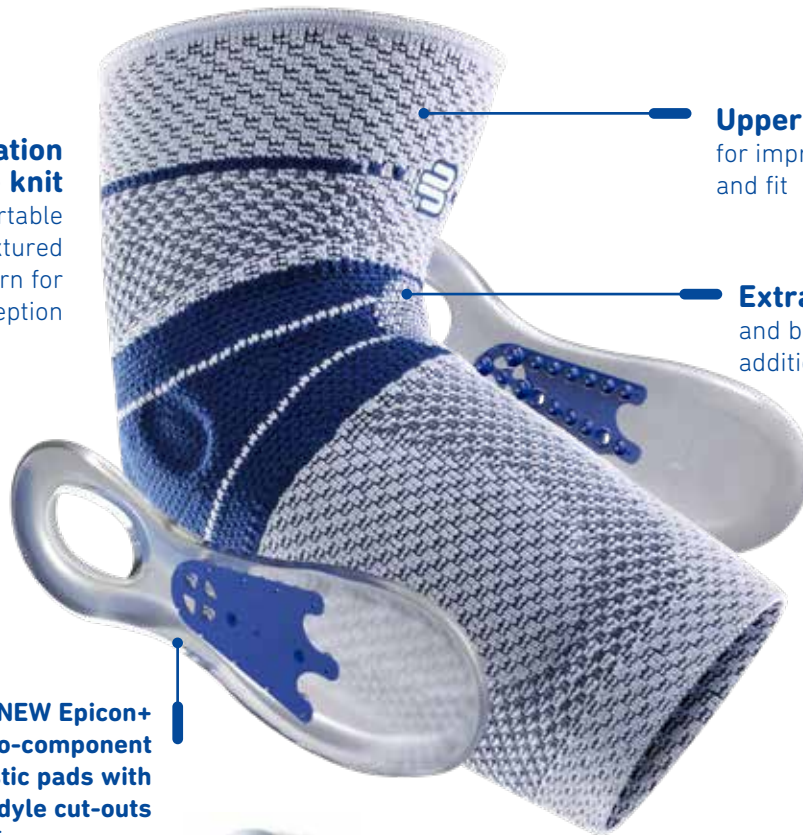
MORE
BREATHABLE

LATEX
FREE

EpiTrain®

Next generation Train active knit

Soft and comfortable with highly textured knitted pattern for improved proprioception



Upper arm knit extension
for improved proprioception and fit

Extra soft knit
and breathable zone provides additional comfort

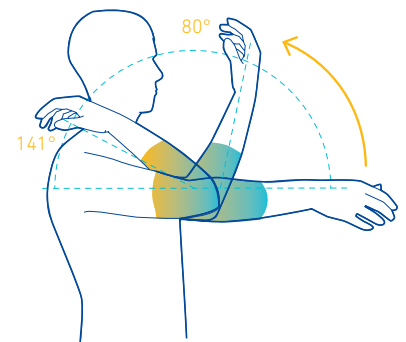
NEW Epicon+ two-component viscoelastic pads with epicondyle cut-outs

relieve pressure and facilitate secure positioning of the support



Larger nubs in cross shape alleviate pain on the muscle-tendon insertion

Fan-shaped nubs stimulate wrist extensors and flexors along the muscle fibers



INCREASE MOBILITY

With EpiTrain, active load bearing of the elbow joint increases from 80° to 141° within two weeks in patients with acute painful symptoms in the elbow joint.¹

NEW MEASURING POINT

- + Sizing System
- + Item Numbers



Size	0	1	2	3	4	5	6	Order number
Circumfer. inches	8¼ - 9	9 - 9¾	9¾ - 10¾	10¾ - 11½	11½ - 12¼	12¼ - 13	13 - 13¾	110616040*000°
Circumfer. cm	21-23	23-25	25-27	27-29	29-31	31-33	33-35	



*1 = beige, *7 = black, *8 = titan, ° = size

BAUERFEIND USA, INC. 1230 Peachtree St. NE • Suite 1000 • Atlanta, GA 30309
 P 1 800 423 3405 • P (404) 201 7800 • F (404) 201 7839
 E-mail info@bauerfeindusa.com

¹ Valle-Jones J-C, Hopkin-Richards H; Controlled trial of an elbow support (EpiTrain) in patients with acute painful conditions of the elbow: a pilot study Cum. Med. Res. Opin., 12,224 – 233, (1990)