RESISTANCE COMPARISON:

Bands and Putty

The colors represent different resistance levels. Choose the level that will help your patient achieve their strengthening goals. Use lighter resistances in the early stages of rehabilitation and progress to heavier resistances as strength and endurance improve.

MDSPH04 Series

MDSPTY20 Series

Comparison Chart

Exercise Bands

RESISTANCE		Medline*	COMPARE TO: Thera-Band®, CanDo® (contains natural rubber latex)
	X-Light	Peach	Tan
	Light	Orange	Yellow
	Medium	Lime Green	Red
	Heavy	Blueberry	Green
	X-Heavy	Plum	Blue
	XX-Heavy	Gray	Black

*Not made with natural rubber latex.

Exercise Bands

RESISTANCE		Medline*	COMPARE TO: Panacea, Roylan (not made with natural rubber latex)
	X-Light	Peach	Peach
	Light	Orange	Orange
	Medium	Lime Green	Lime Green
	Heavy	Blueberry	Blueberry
	X-Heavy	Plum	Plum
	XX-Heavy	Gray	N/A

Therapy Putty

RESISTANCE		Medline	COMPARE TO: Theraputty®	Val-U-Putty®	Direct Supply Pancea	Sammons Preston®
	X-Light	Peach	Tan	Pear	Tan	Tan
	Light	Orange	Yellow	Peach	Yellow	Yellow
	Medium	Lime Green	Red	Orange	Red	Red
	Heavy	Blueberry	Green	Lime Green	Green	Green
	X-Heavy	Plum	Blue	Blueberry	Blue	Blue
	XX-Heavy	Gray	Black	Plum	Black	Gray

For more information about our complete selection of therapy and rehabilitation products, contact your Medline representative today.